

St. Valentine Parish 13th Annual

5K (3.1 Miles) Fun Run/Walk, Mini "Volt" Fun Run & Spaghetti Dinner
Sunday, Sept. 16, 2018 @ 2:30PM with Dinner @ 4:00PM

The Mini "Volt" Fun Run for ages 3 to 6 begins at **2:30**. All finishers of the Mini "Volt" Fun Run will receive a medal and certificate. The Run/Walk begins at **3:00**. Awards to the first three female & male overall finishers & Family/Friends Team entries (First three finisher's scores will be used).

Fee includes a T-shirt, Finishers Certificate and a Goody Bag to the first 200 registered runners.

This form may be copied - one form per applicant please.

Please check the appropriate box. ☒

Ages 12 and under, Run and dinner,	\$11.00	<input type="checkbox"/>
Ages 13 and above, Run and dinner,	\$13.00	<input type="checkbox"/>
Ages 3 to 6, Mini "Volt" Run only	\$ 7.00	<input type="checkbox"/>
Ages 7 and above, Run only	\$10.00	<input type="checkbox"/>
All Ages, Dinner only	\$ 7.00	<input type="checkbox"/>

Name: _____ Address: _____

City: _____ State: _____ Zip: _____ Phone: _____

Date of Birth: _____ Age on race day _____ M or F _____

Email: _____

T-Shirt Size: YS ___ S ___ M ___ L ___ XL ___ XXL ___

(Registration deadline 9/5/18, no shirt guarantee past 9/5/18)



**MICHIGAN
FITNESS
FOUNDATION**

Family/Friends Team (3 or more members - M/F/Mix)

Team Name: _____

Disclaimer/Waiver: I hereby release and hold harmless on behalf of myself, my child, and or representatives, the Charter Township of Redford, St. Valentine Parish, the event sponsors and organizers from liability for injuries or damages which I or my child may sustain while participating in this activity even if injuries are caused by the sole negligence of the Charter Township of Redford, St. Valentine, the sponsors and event organizers. I understand that I am responsible for medical coverage for my child and me. Your signature also gives permission to use your photo on the parish web page.

Date: _____ **Signature:*** _____

*By parent or guardian, required if applicant is less than 18 years of age.

- **Make checks payable to:** St. Valentine Parish
- **Mail to:** St Valentine 5K run/walk
25881 Dow
Redford, MI 48239
- **Drop it in the collection basket in an envelope marked "RUN"**

For more information contact Jim & Patty Soter 734-459-5919 or Bonnie & John Danic 313-618-7699

Or check the parish web page @ stvalentineparish.us

Packet Pickup at the gym (Corner of Hope & Beech Daly): Fri. 9/14/17, 3:00 PM to 8:00 PM - Sat. 9/15/17, 9:00 AM to 11:00 AM - Sun. 9/16/17, 10:00 AM to 12:00 Noon.