

St. Valentine Parish 15th Annual

5K (3.1 Miles) Fun Run/Walk, Mini "Volt" Fun Run & Cookout
Sunday, Sept. 20, 2020

PLEASE NOTE THAT SOCIAL DISTANCING REQUIREMENTS AT THE
TIME OF THE RACE WILL BE OBSERVED

The Mini "Volt" Fun Run for ages 3 to 6 begins at **2:30** with the Run/Walk
beginning at **3:00** and the cookout beginning at **4:00**.

Awards to the first three female & male overall finishers & Family/Friends Team
(First three team finisher's scores will be used).

Fee includes a T-shirt, Finishers Certificate, Finishers Medal & Cookout Combo.
(Hot Dog, Chips and a Beverage)

This form may be copied – one form per applicant please

Please check the appropriate box.

All Ages Run/Walk & Cookout,	\$10.00	<input type="checkbox"/>
Mini "Volt" Run & Cookout	\$ 5.00	<input type="checkbox"/>
All Ages, Cookout only	\$ 5.00	<input type="checkbox"/>

Name: _____ Address: _____

City: _____ State: _____ Zip: _____ Phone: _____

Date of Birth: _____ Age on race day _____ M or F _____

Email: _____

T-Shirt Size: YS ___ S ___ M ___ L ___ XL ___ XXL ___

This event is endorsed by:

MICHIGAN
FITNESS
FOUNDATION



(Registration deadline 9/16/20, no shirt guarantee past 8/28/20)

Family/Friends Team (3 or more members - M/F/Mix)

Team Name: _____

Disclaimer/Waiver: I hereby release and hold harmless on behalf of myself, my child, and or representatives, the Charter Township of Redford, St. Valentine Parish, the event sponsors and organizers from liability for injuries, damages or coronavirus related health issues which I or my child may sustain while participating in this activity even if the above mentioned are caused by the sole negligence of the Charter Township of Redford, St. Valentine, the sponsors and event organizers. I understand that I am responsible for medical coverage for my child and me. Your signature also gives permission to use your photo on the parish web page.

Date: _____ Signature: * _____

*By parent or guardian, required if applicant is less than 18 years of age.

- **Make checks payable to:** St. Valentine Parish
- **Mail to:** St Valentine 5K run/walk
25881 Dow
Redford, MI 48239
- **Drop it in the collection basket in an envelope marked "RUN"**

For more information contact Jim & Patty Soter 734-765-4141 or Bonnie & John Danic 313-618-7699

Or check the parish web page @ www.stvalentineparish.us

T-shirt Pickup at the gym (Corner of Hope & Beech Daly): Fri. 9/18/20, 3:00 PM to 8:00 PM - Sat.
9/19/20, 9:00 AM to 11:00 AM – Sun. 9/20/20, 10:00 AM to 12:00 Noon.